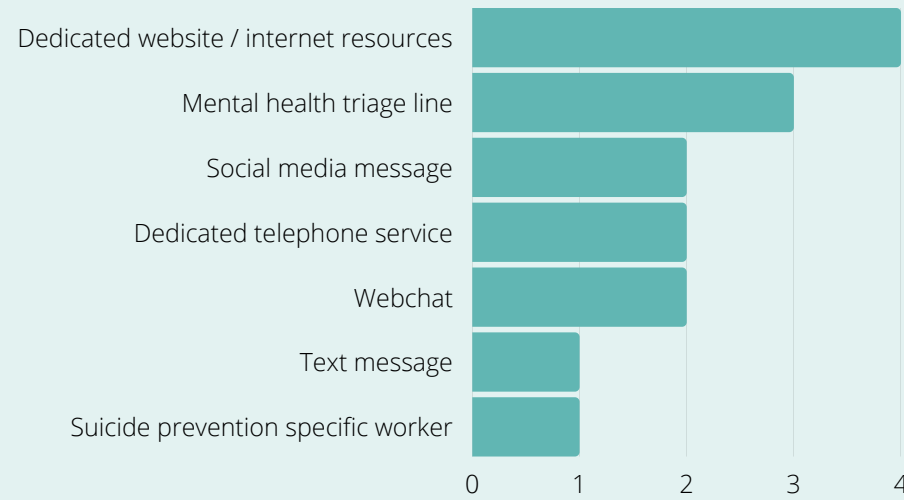


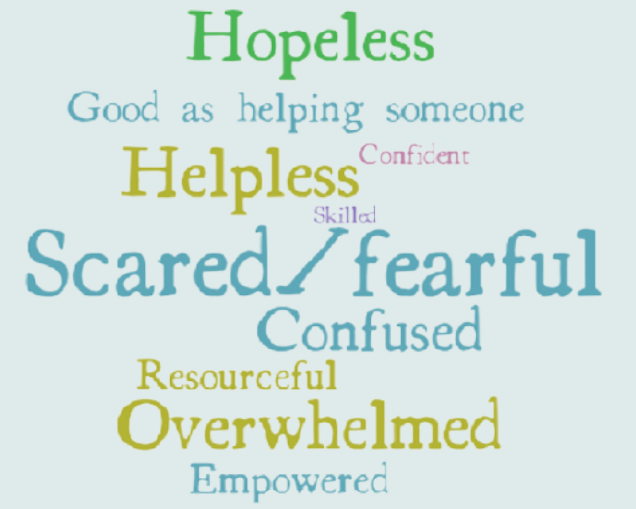
Personal Support Network Survey: Access To Service



What is the best way to find information or support for someone experiencing suicidal thoughts or a plan to end their lives?



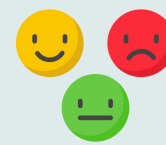
How did you feel when supported someone to access a suicide prevention/intervention service?



What support do you need to better support someone experiencing suicidality?



"As the parents living with an adult who seriously attempted suicide, it is essential that we are an equal partner in his treatment and care. We were constantly sidelined or dismissed no thanks to privacy legislation and other systemic roadblocks."



What do you believe is causing the stronger emotions?

- Needing practical support ie resources
- Scared: due to consumers suicidality

"It felt very difficult and overwhelming to get any practical support, especially during a lockdown there were very few resources available that felt like they were actually helping."

"Scared for my partner's life as this was the most severe his suicidality had been."

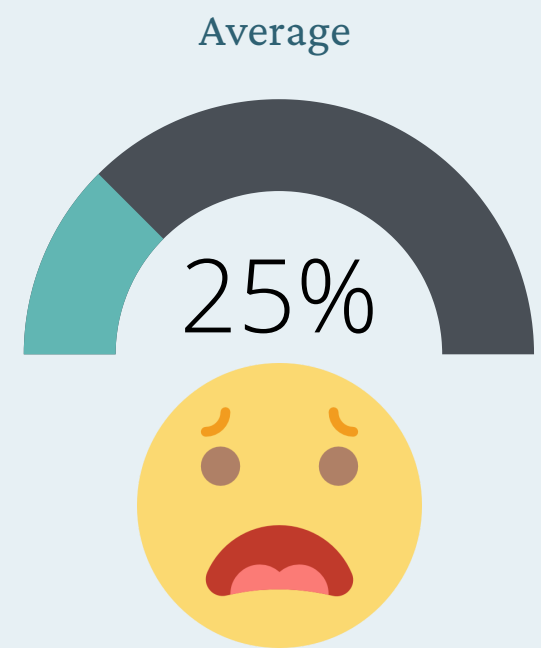
What would be your preferred way for someone you care for who experiencing suicidality to get help?



"Psychiatrist should be offered via in clinic in a face to face setting & via Telehealth at the time of crisis and prioritised as a crisis appointment."

How confident do you feel when supporting someone experiencing suicidality?

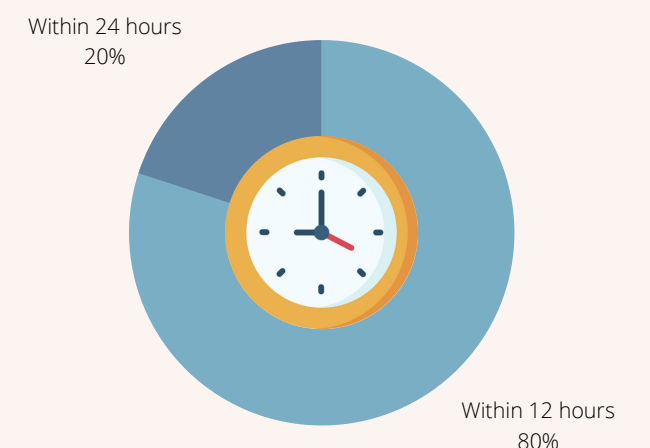
Range of responses from 0-75%



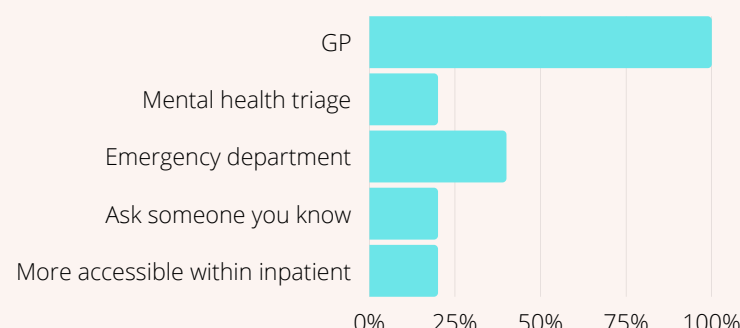
What support services have you used?



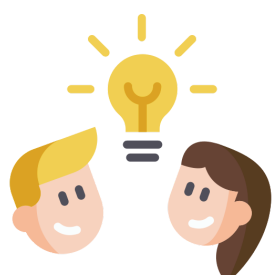
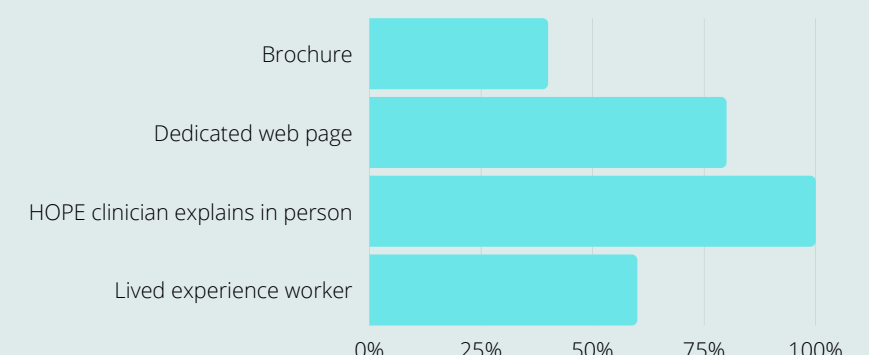
What do you think is a reasonable waiting time to access HOPE service after contacting emergency services?



What would be your preferred way for someone you care for to get help?



What do you think would be helpful in learning about the HOPE service?



The R U OK? campaign has gained profile by being actively promoted and embraced in workplaces and I believe it has contributed significantly to destigmatising mental health. It might be useful to have suicide prevention piggyback onto this high profile campaign and expand and adapt the delivery model for mass youth settings (high schools?)

Ideally, access to the HOPE service needs to happen ASAP after contacting emergency services. We felt very much "at sea" prior to being contacted by HOPE staff.